

## **QUOTES FROM PIR VILAYAT**

### **Compiled by Devi Tide**

The real freedom is in one's thinking.

Turn the tables on your illness so it becomes creative.

How can you combine strength with fineness? It is only by using the divine strength.

Unless one has found one's divine identity, it would be dangerous to give up one's personal ego. When one gives up the ego, one feels lost, and that is because one needs to substitute the divine ego before giving up the false.

Indifference gives great power, but the whole of life is a manifestation of interest.

Shatter your ideal on the rock of truth.

Renounce renunciation out of love.

Let me first say that healing really works.

The secret behind our health is to be found in the immune system, and this is linked with "me or not me." When we meditate, we encourage the second immune system which transforms the body.

Sometimes, you can turn the table on an illness so you end up better than you were before. You cannot come out through the door you came in. If you can accept change in your life, you can move on. I apply what I am teaching in my meditations to heal myself.

Awakening can take place all of a sudden. It could be from a psychological shock or a realization. Then a person does not see every condition as it appears, but sees that behind every condition is a deeper reality.

Wisdom is born of the alliance of the knowledge from within and the knowledge from without.

If you break off a crystal, every particle functions like the crystal but less well.

It is the same with our thinking and the thinking of the planet.

Be careful of *fana*, that you do not develop a dislike of yourself.

It is important to get into the divine consciousness, but one must not just get into the divine consciousness or personal consciousness. One must relate the two.

One need not to transit *ahad* to *adaniat* but intermesh them at the same time. Instead of of/or, it is/and.

Our way of thinking changes from the moment we have no more claim - we are radiant and peaceful.

Meditating is rehearsing for life after death.

To follow the path of Sufism, you have to reverse the distortion of the heart.

You can't reach by your will or concentration beyond your heart, unless your whole being is in a state of ecstasy.

Ecstasy is contagious.

Your destiny can change if you are prepared not to be limited by your decisions.

I show them my signs in the environment and in their being. (this is in talking about your problems as signs). These are three steps to transit from personal to impersonal). With each experience, God is trying to reveal His/Her being:

- With this first step, the world is clues.
- With the second, God is revealing Him/Herself to Him/Herself by revealing Him/Herself to me.
- The third step, God is revealing Him/Herself without devices.

God discloses him/herself to us.

The steppingstone to getting into the divine being is to get into the consciousness of one's celestial counterpart.

When one is aware of how one hurts one's soul, one stops doing it.

It is the power of love that lets you reach further than before.

Why do you look for the known when you can know the Knower? When you seek to know God, God comes to you. The only way is by the power of love.

Ego is a false notion of ourselves.

Discover in you the same power that moves the universe.

It is one's personal shadows that stand in the way of one's radiance.

Great beings use the sufferings in their past to be creative.

If you find your place, it will help people to find their place.

If one's thoughts and one's emotions are cleansed with light, this practice leads to awakening and absolute truth, no hatred, resentment, grudge -- unselfishness. Wherever you go, bring light. A light upon a light. Light descends.

Time is a sharp sword that cuts the guilt of the past and the prefiguring of the future.

Awaken one's consciousness, but you must also awaken your conscience.

He who does not direct his/her own mind lacks mastery.

One's detachment needs to be countered by one's enthusiasm for attaining illumination, so that finally it is this positive emotion that will sustain concentration.

Explore the possible so that one may make it actual.

Wisdom is born in the meeting of the knowledge of the heavens with the knowledge of the earth. When the light from within is thrown upon this knowledge, then the knowledge from outer life and the light coming from within make a perfect knowledge.

If you want to lead a mureed, it is not enough to give them practices. You have to be in a very high state yourself. You must inspire them.

Our thinking is the way we customize the thinking of the universe.

You can't awaken one's celestial counterpart if you still entertain resentment. Be free from resentment, then cleanse the core of one's being so it may be immaculate. This is done by the power of truth. One is fooling oneself when you justify yourself.

Status is only meaningful in the world.

Keep on watching out for self-pity.

Recognition of a status is not important. What is important is what one is.

Your glance is not just of the physical world, but your insight sees the meaningfulness of the events of the world.

Your glance becomes like a torch that thrusts its light on all things.

The miracle of life is that the totality is created in a unique way in each aspect, each self.

The *wazai'f* are not qualities that can be ascribed to our person. They are the way the divine qualities manifest in that person.

In prayer, one projects upon God qualities in their perfection. For example, how the divine peace comes through you.

Prayer is the most creative of all activities.

The original freedom is freedom from opinion.

There is no way to discover God's existence except by becoming acquainted with oneself.

What Islam conveys by putting the head on the ground, rising, down, rising – is having a dialogue with God.

To the mystic, it is not a question of knowing, but a question of being.

Our objective is awakening and awakening triggers off illumination. When the soul is awakened, you become a different person. Throw the light of illumination upon your problems.

That freedom that we are seeking is not just freedom from circumstances. It is freedom from identification with our problems. It is freedom from our self-image.

There is meaningfulness in what doesn't seem to make sense.

Jami says the world is an illusion – so you can think your problems are an illusion – yet reality manifests in this illusion.

When you have practiced meditation a lot, you don't need to try anymore. You just switch over, without trying.

To keep wallowing in self-pity is unproductive and eventually self-destructive.

One has a need to open one's heart, say how one feels, to confide in someone. People place their fragile heart into your hands. They want to know it is safe. The worst thing is for you to talk about another person.

People are afraid to confide because they are afraid they will be criticized.

Beware of the inclination to make the mureed dependent upon you. Lift the consciousness of the mureed beyond your own consciousness.

The destruction of a relationship is criticism.

As long as one has resentment, one will never resurrect, because resentment carries hatred.

We are tested in our love, to love people who make themselves very unloveable.

The way to overcome resentment is to forgive.

All the suffering in the world is through lack of forgiveness. The first step to forgiveness is the understand.

Joy is always triggered off by freedom.

Realize there are levels of light. The aura is only a very small piece of the many-tiered world of light.

One cannot reach the next stage with your will. It has to be revealed to you.

You can only know God by following the clues in yourself.

At one level, you are pure spirit. Be aware of your eternal state.

The stars are clues to the light of the universe, the sounds are clues to the functioning of the universe.

The person is not the circumstances.

We are tested in our love.

Indifference has got to always be balanced by love.

Therapy is the effect of the past on the present. Creativity is the effect of the present on the future.

The universe is self-organizing itself through us.

Be truthful – be true to what one values.

Let go of the thought, "This is what I am."

You had difficulty understanding because there was ambiguity in your own intentions.

Mastery is good medicine toward longevity.

Creativity always starts with emotion, then thought, then form, so get in touch with your emergent emotions – your nostalgia.

Get in touch with the emotion of the universe. The Sufis call it, divine emotion.

The ultimate ecstasy is being able to discover the divinity in one's being.

That which we projected as God is discovered as oneself.

The strength is in your divinity, otherwise you are into an ego trip.

Light is a mode of energy that gives you freedom.

For God to exist, you have to create favorable circumstances in you. The secret is only revealed in an atmosphere of sacredness.

Ask yourself, "what if all I've been thinking is wrong."

If you really want to meditate, you need to eschew totally figuring things out with your mind.

Realization is revealed to you if you don't stand in its way.

If you're very scrupulous about not fooling others, you won't fool yourself.

If you are very authentic, ambiguous ideas get into sync.

Be balanced in your judgment of yourself.

Your motivations are the pull that takes you out of the guilt of the past.

Nature not only self-organizes itself in us, it also restores things.

Of all the works of art, of course your personality is the most wonderful.

When we identify with our self-image, we lose our self-esteem.

The way to have self-respect is to be aware of your divine inheritance.

Regarding getting in touch with our feelings: Cast the light of truth into the dark unconsciousness instead of bringing the unconscious to the surface.

The same kind of feelings we have toward others, we have toward ourselves.

Visualizations won't do it for you. You have to entertain luminous thoughts.

The only way to lift yourself to the higher spheres is by overcoming death.

My glance is the divine glance, even if it is funneled down and distorted.